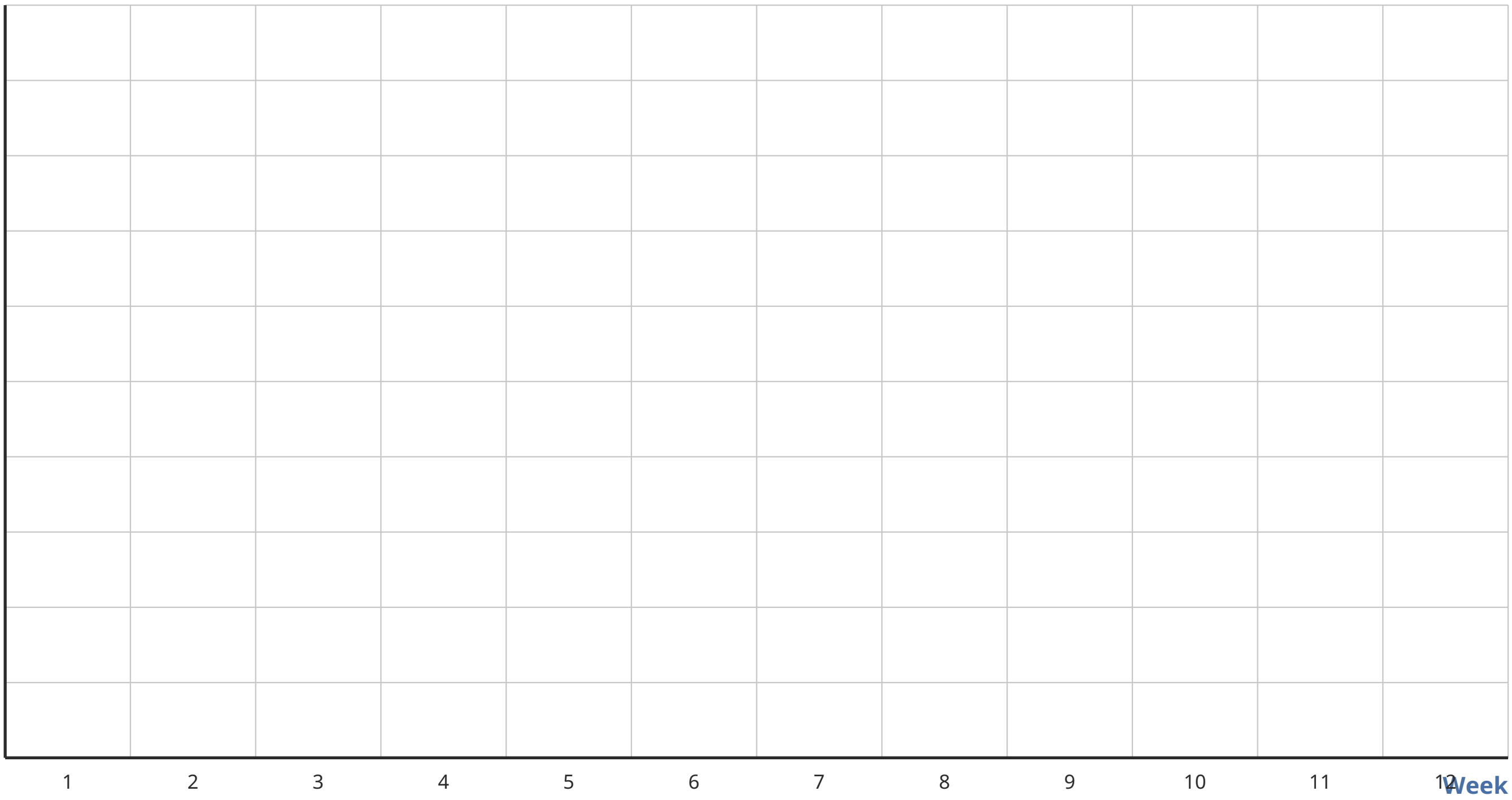
Gewichtslogboek

kg

Start ______________________ **Doel** ______________________



Datum	Gewicht (kg)	+/-	Taille	Notities