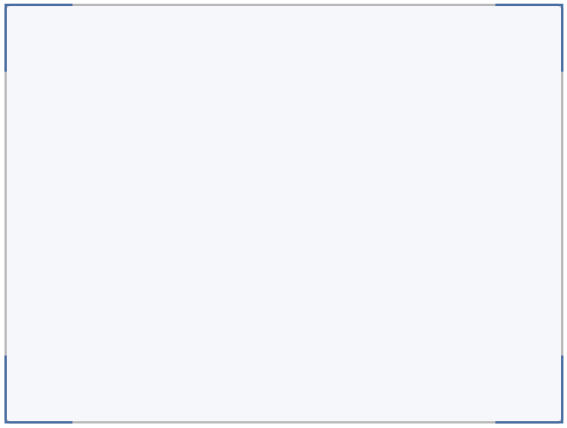
食谱

菜名 _____

份数 _____ 准备时间 _____ 烹饪时间 _____



食材

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做法

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笔记